

THE PREMIA ACADEMY'S STUDENT SUMMIT - 'YOLO' - IS HERE TO INSPIRE AND EMPOWER YOUNG INDIA

The YOLO - You Only Live Once Student Empowerment Summit, curated by Sinduri Reddy, Founder, The Premia Academy, aimed to help students redefine success and find purpose in their professional lives. Upholding the core philosophy "GO LIVE"—Grit, Opportunity, Love, Integrity, Vitality, and Enterprise, the summit inspired students to live their best lives by embracing meaningful, intentional career paths.



The multifaceted event, blended keynotes, workshops, masterclasses, and entertainment to offer students strategies for a meaningful professional life. Key speakers including former Chief Minister of Andhra Pradesh, Kiran Kumar Reddy, and fashion designer Anushree Reddy, urged students to pursue their dreams with resilience and purpose.

FINDING SUCCESS BEYOND HARD WORK

While hard work is crucial, the YOLO Summit emphasised that success is also shaped by mentorship, guidance, healthy relationships and aligning one's career with personal values. Workshops such as "Beyond the Resume: Building Your Portfolio Through Experiences" by Mala Mary Martina, Founder of I Love Mondays, and "No Cap Connections" by Life Coach Priya Rajiv, stressing on the need to network with resource persons for guidance in making career choices.

"Design Your Life" by entrepreneur Venu Bhagavan, and the masterclass on deep work by Group Captain Mahesh Sharma focused on helping students understand the importance of intentional living and focused work.

CUSTOMISING CAREERS AND EDUCATION

"Your Career, Your Rules" by Amir Ullah Khan, a member of the Telangana Public Service Commission, encouraged students to think critically about their career choices, while "The Leader Within" by Ananya Roy, Founder of POP The Learning Project, explored skill assessment and development.

Arnav Sharma from Red Pen & Strategies conducted a session titled "Application to Acceptance: Crafting a Compelling College Application", while Dheeraj Kumar Mishra from Aakash Test Prep shared insights on competitive exams in "Strategies on Peak Performance".

EMPOWERING STUDENTS THROUGH PANELS AND ENTERTAINMENT

Monica Arora, Headmistress, The Premia Academy, celebrated the theme "GO LIVE YOUR LIFE", while Sunita Saripally, Headmistress, Senior School, The Premia Academy, highlighted how aspirations and capabilities can align to create a clear career map.

A panel titled "Own Your Education—Customise Your Learning" encouraged students to take charge of their educational journey explored different approaches to personalising education and upskilling.

Experts like Mohit Sharma from Franklin Templeton and Soumya Ranjan from Julius Baer Wealth Advisors shared tips on managing career finances.

While the startup panel discussed the startup cultures and its nuances, the panel on evergreen industries shed light on sustainable career paths and the ever-evolving technology landscape.

Vasudevan Natarajan's keynote on AI covered the real-world applications and the future of careers in its wake. A session by Anam Mirza- Founder, Extra Media guided children through the nitty-gritty of social media.

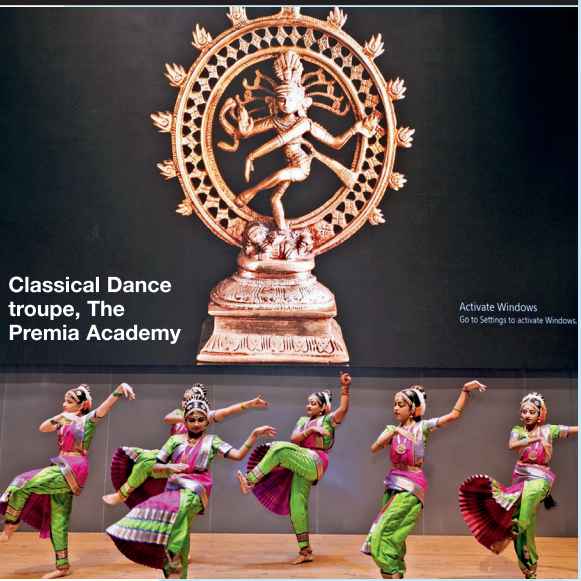
The theme of the summit was highlighted in the panel "From Bits to Bricks: Leveraging Science and Technology for Humanity" with speakers discussing the tech age.

Holistic sessions such as "Everyday Exercises: 20 Minutes for 20 Years" by Qhammer Ansari and "To the Beat" by musician Keertana Bhoopal, and a street play by Nishumbita on dangers of addiction encouraged students to integrate wellness practices into their routines.

TAKEAWAY: MAKE EVERY HOUR COUNT

As the YOLO Summit came to a close, the key message was clear: with over 90,000 hours spent at work in a lifetime, it's essential to make those hours meaningful. The summit urged students to adopt a new perspective on success, one that combines personal fulfilment, purpose, and strategic decision-making.

By focusing on intentional living and career alignment, attendees walked away equipped with tools to create career paths that reflected themselves and what they wanted to achieve. "You Only Live Once" isn't just a motto; it's a call to action for students to make every hour count.



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