



The Premia Academy

# The Premia Pulse

September 2022



**Celebrating 75 years of Independence!**

## From The Editor's Desk

The entire school came together to celebrate festivals, art, and culture this month with a plethora of competitions and invigorating morning assemblies.

In the spirit of *Azadi ka Amrit Mahotsav*, it was an honour to memorialize our country's independence at school - with the flag hoisting, a vibrant artistic tribute, and an Inter-house quiz.

It is always inspiring to see such young minds express themselves in ways that surpass our expectations. The Premia Pride influences us with their zeal each and every day!

**-Nandika Preetham**  
Faculty In-charge, Ministry of Literary Affairs





# Xperia 2022

## Xperia - A Literary and Cultural Fiesta

The week-long extravaganza was a sensation, 7 days, 28 competitions, 50 + external judges, and 500+ participants! It included Art, Music, Theatre, Dance, and Literary competitions from pre-primary to high school. The theme was based on the Five Elements of Nature - Water, Air, Fire, Earth & Space.

The results are in!

	Gr IA, IB, IC 22.08.22	Gr II, IIIA, IIIB 23.08.22	Gr IVA, IVB, V 24.08.22
<p><b>VIBGYOR The Art Festival</b></p>	<p><b>Draw &amp; Colour: Sea Animals</b></p> <p>First: Izaan (I C) Second: Maryam Akhter (I B) Third: Ved Agarwal (I C) Con: Aaradhya Jampani (I A) Sakina Fatima (I B)</p>	<p><b>Fill the Fishbowl: Draw your pet fish</b></p> <p>First: Amna Hasnain (II) Second: Amaanah Ayesha Siddiqi (III A) Kanak Karwa (III A) Third: Kakuntla Hanika (III A) Anirudh Kommireddy (III B) Budaga Hrithika (III B) Con: Varnika Kathula (III A) Myrah Bose (III B) Hansika Gujja (II)</p>	<p><b>Draw &amp; Colour: Imaginary Sea Creature</b></p> <p>First : Samanvya Behera (IV A) Second : Kirti Mundada (V) Third Kanav Agarwal (IV B) Con: Ansva Shah (IV B)</p>
<p><b>SYMPHONY The Music Festival</b></p>	<p><b>Singing</b></p> <p>First: Anaisha Saha (I A) Second: Paridhi Soni (I A) Third: Syed Yasir Hasan Imran (I B) Con: S. Kaira (I B) Prajwal Dasa (I B) Ameya Vadali (I A)</p>	<p>N/A</p>	<p><b>Singing</b></p> <p>First: Yashika Shah (V) Second: Sidhiksha S. (V) Third: N. Kameswarii Dewi (V) Con: Md. Adnan Qureshi (V) Con: Samrah Sadaf (V)</p>
<p><b>BOULEVARD The Theatre Festival</b></p>	<p><b>Performance Poetry: Fruits &amp; Vegetables</b></p> <p>First: Syed Mehwish Iram Ayeza (IB) Second: Jia Sharma (I A) Third: Zynah Aimen (I B) Con: Ananya (I C)</p>	<p><b>Puppetry: Healthy Body</b></p> <p>First: Jaswitha Sree Ponnappalli (III B) Second: Rumaysah Khan (II) Third: Jaihit Pacharla (III B) Con: Aryan Vaishnav (III B) Mohammed Uzair (III B)</p>	<p><b>Mime: Lifecycles of the Planet</b></p> <p>First: Diya Daliya (V) Second: Samaira Baig (IV A) Third: Mokshith Kalivela (IV B) Con: Dev Shourya Sharma (IV B) Kalivela Pavitra (V)</p>
<p><b>FOOTLOOSE The Dance Festival</b></p>	<p><b>Solo Dance</b></p> <p>First: Maryam Akhter (I B) Second: S. Kaira (I B) Third: Jatin Bajaj (I C) Con: Anaisha Saha (I A) Paridhi Soni (I A)</p>	<p><b>Solo Dance</b></p> <p>First: Sardar Japmann Singh (II) Arshi Kabani (III B) Second: Kanak Karwa (III A) Rudra Mishra (II) Third: Eha Nair (II) Myrah Bose (III B) Con: Hiba Hussain (II) Advaith Tumu (III B) Kakuntla Hanika (III A)</p>	<p><b>Solo Dance</b></p> <p>First: Kirti Mundada (V) Anwasha Mukherjee (V) Second: N. Kameswarii Dewi (V) Rasik Mundada (V) Third: Samaira Baig (IV A) N. A. Madhu Sahasra (IV B) Con: Sreewardhani (IV B) Samanvya Behera (IV A)</p>
<p><b>OPEN MIC The Literary Festival</b></p>	<p><b>Just A Minute (JAM)</b></p> <p>First: Ved Agarwal (I C) Second: Vardham Jain (I A) Third: Izaan (I C) Con: Krithika (I C) Syed Mehwish Iram Ayeza (IB)</p>	<p><b>Elocution</b></p> <p>First: Rumaysah Khan (II) Vihaan Reddy (III B) Second: Amna Hasnain (II) Third: Syed Mujeeb ur Rahman (III B) Con: Amaanah Ayesha Siddiqi (III A) Anirudh Kommireddy (III B)</p>	<p><b>Turncoat</b></p> <p>First: Ranvir Singgh (V) Second: Rida Rahman (V) Third: Aariz Riaz Mohammad (IV B) Con: Khadija Abdul Khader (IV B) T. Sherwin Peteul (V)</p>



# Xperia 2022

The results are in!

	Gr VI, VII, VIII 25.08.22	Gr IX, X, XI 26.08.22	Nursery 29.08.22
<p><b>VIBGYOR</b> The Art Festival</p>	<p><b>Scenery: Riverside Views</b></p> <p>First: Hanaa Mahmood Khan (VII) Second: Harini Alwala (VII) Third: Zaara Ali Syeda (VIII) Con: Zenath Zehra Khan (VII) Pratheeka Reddy (VII)</p>	<p><b>Collage: Under the Sea</b></p> <p>First: M. Siri Varshini (X) Second: Zainab Salim (IX) Third: Kirth Kaur (IX) Con: Prisha Pandey (IX) K. Tejaswi (IX)</p>	<p><b>Sponge Dabbing</b></p> <p>First: Sara Siddique Nishanth Reddy Second: Khadija Fatima Third: Syeda Fatima Zahra Con: Imarah Hayat Parv Gupta</p>
<p><b>SYMPHONY</b> The Music Festival</p>	<p><b>Singing</b></p> <p>First: Sreekruthi Guvva (VII) Second: Arysha Mishra (VI) Third: Kalva Varshini (VI) Con: Mohammed Ayaan (VIII) Guhaan Kandukuri (VIII)</p>	<p><b>Singing</b></p> <p>First: Suzzane Binu Cherian (IX) Second: Leah Rosario (X) Third: Bhavya Sameera (IX) Con: Tasnim Fatima (IX) Mahveen (IX)</p>	N/A
<p><b>BOULEVARD</b> The Theatre Festival</p>	<p><b>Radio Jockey: Address a Cause</b></p> <p>First: Hamza Abdul Khader (VII) Second: Maryam Ali Baig (VIII) Likhita Sripada (VII) Third: Qazi Syed Abdul Rahman (VIII) T. Miracle Angelena (VIII) Con: Riyanka Yadwadkar (VII) Mohammed Afzaan (VII) Moolegiri Nyneesha (VI)</p>	<p><b>Mono Acting: Around the World</b></p> <p>First: Aaron Maricar (X) Second: Abbas Ali Khan (IX) Third: Harshit Bhattar (X) Con: Sai Nishit Nowpada (IX)</p>	<p><b>Fancy Dress</b></p> <p>First: Kaashvi Gupta Second: V. Manvitha Third: Yuvender Yadav Con: Adhira Agarwal Parv Gupta</p>
<p><b>FOOTLOOSE</b> The Dance Festival</p>	<p><b>Group Dance</b></p> <p>First: Samudra House Second: Agni House Third: Prithvi House Con: Vayu House</p>	<p><b>Group Dance</b></p> <p>First: Siri Varshini &amp; Bhavya Sameera (Prithvi House) Second: Tasneem &amp; Tejaswi (Samudra House)</p>	N/A
<p><b>OPEN MIC</b> The Literary Festival</p>	<p><b>Declamation</b></p> <p>First: Maryam Ali Baig (VIII) Zaara Ali Syeda (VIII) Second: Hamza Abdul Khader (VII) Third: Mohammed Afzaan (VII) Con: Riyanka Yadwadkar (VII) Bala Hansini Gujja (VI) Vaishnavi Nookala (VIII)</p>	<p><b>Debate</b></p> <p>First: Samudra House Second: Vayu House</p>	<p><b>Rhyme Time</b></p> <p>First: Imarah Hayat Second: Khadija Fatima Arth Agarwal Third: Hisham Ahmed Con: Naaswitha.V Krishiv Raj Jaiswal</p>
<p><b>Photography</b></p>	<p>First: Yusra Nisar (VIII) Second: Syeda Ayana (VIII)</p>	<p>First: Maaz Ali Khan (IX) Second: Shaik Sumair Ullah (X) Third: Mahak Agarwal (XI) Con: Leah Rosario (X)</p>	N/A



# Xperia 2022

The results are in!

	PP I 30.08.22	PP II 30.08.22
<b>VIBGYOR</b> The Art Festival 	<b>Earbud Stamping</b> First: B.Joginder Yadav (PPI B) Azaan Ali (PPI B) Second: Triansh Jaiswal (PPI A) Nuha Sameer (PPI A) Third: Omer Mohammed (PPI A) Sahasra Vadrevu (PPI A) Con: Rufaidah Irfan (PPI A) Irza Nisar (PPI B) Akhira Jahnavi (PPI B)	<b>Okra Stamping</b> First: Sejal Goswamy (PPII A) Second: Ibrahim Ahmed (PPII A) Third: Harshvardhan Singh(PPII B) Syeda Maryam Ahmed (PPII B) Con: T.Revansh(PPII B) Mahi Agarwal(PPII B)
<b>BOULEVARD</b> The Theatre Festival 	<b>Fancy Dress</b> First: Hamdaan Baig (PPI A) Second: Ayza Alam Khan (PPI B) Hriday Jain (PPI B) Third: Nuha Sameer (PPI A) Azka Mohammed Khan (PPIB) Con: Vruti Bansal (PPI B) Dhairya Sarda (PPI B)	<b>Be a Storyteller</b> First: Vihaan Verma (PPII A) Second: Mohd Afzal Uddin (PPII B) Third: Devik Biyani (PPII A) Con: Harun Ahmed (PPII B) T. Revansh (PPII B)
<b>FOOTLOOSE</b> The Dance Festival 	<b>Solo Dance</b> First: Ashar Sharif (PPI A) Second: Huriya Fatima (PPI A) Third: Sahasra Vadrevu (PPI A) Con: Anabia Taskeen (PPI A)	<b>Solo Dance</b> First: Driti Karwa (PPII A) Second: K Lavith Karthikeyan (PPII B) Third: Harshvardhan Singh (PPII B) Con: Sidvik Goud (PPII A) Mahi Agarwal (PPII B) Syeda Unnissa (PPII B)
<b>OPEN MIC</b> The Literary Festival 	<b>Show &amp; Tell</b> First: Fatimah Hussain (PPI A) Second: Rufaidah Irfan (PPI A) Third: Inaaya Zafeer (PPI B) Con: Mahi Gupta (PPI A) Mahira Hussain (PPI A) Hriday Jain (PPI B)	<b>Show &amp; Tell</b> First: Shreyansh Reddy (PPII A) Second: Vihaan Verma (PPII A) Third: Aarohi Jaiswal (PPII A) Con: Syeda Maryam Ahmed (PPII B) Zaynah Zarmeen Khan (PPII B)



Xperia was new, yet a memorable experience. The students of PP I & II put in their best efforts and were constantly encouraged by their teachers, who were patient and understanding. Overall, a well planned event by Premia with a good level of participation.

-Ms. Raseeka  
Entrepreneur (Miniml Mess)

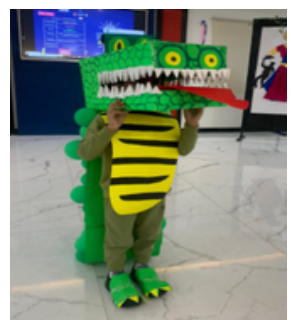
The students' entries were intellectual, personal and relayed with confidence - all qualities encouraged and acknowledged by an institution that values personal growth and evolving with the times.

- Ms. Maryam Quadri  
Writer and Communication Expert

**A word from the Judges!**



# Xperia Gallery





# Assembly Time

## Rakshabandhan

Cherished the bond between brothers and sisters by sharing the story of its origin and taking a pledge to respect and care for all living beings.



## Janmashtami

A stimulating assembly to mark the birth of Natkhat Kanha and significance of Dahi-Handi!



## Telugu Diwas & Ganesh Chaturthi

A day dedicated to the poet, Ramamurthy, and India's 4th most spoken language, Telugu, along with Ganesh Chaturthi festivities.



## Teachers' Day

We curated fun-filled moments to appreciate our dear teachers - song, dance, and hilarious games, all exclusively for them.

Another fascinating aspect was the self-governance attribute, senior pupils mentoring the juniors!





# Parent's Day Out

## Clay Modelling

Tiny tots enjoyed bonding with their parents as they sculpted beautiful clay models. Behold their lovely creations!



## Fireless Cooking

Whipping up a menu - salads, starters, sandwiches & dessert! Our little chefs displayed the culinary skills in their flameless kitchens!



## Grandparents' Day

Dadi Amma Dadi Amma Maan Jao- Totters engaged their grandparents in fun games, ramp walk and also dedicated a performance to them!

*Happy Grandparents' Day!*



## Rhyme Cafe

A feast to the ears, with performers presenting favourite rhymes for their dear parents!





# Field Trips

## A day at the zoo

It was a delightful trip to the zoo for students of grades I & II, watching animals in real time and trying to mimic them. Off they went, with their snacks, water bottles and loads of excitement!



## A date with the stars

An exploratory visit to the Birla Planetarium and the museum was indeed enriching for students of grades III & IV. The pleasure of learning in the outdoor classroom was phenomenal and the tales of the trip buzzed for the next few days.







# Fund Raising Events

## One Day Cafe

A super hit venture by the Premiapreneurs!  
An array of yummylicious snacks and beverages, a lot of them being home-made by the students during the Xperia Week were refreshing.  
The funds raised will be used as a start-up cost for the school enterprise- stay tuned to know more!



## Newspaper Collection Drive

Ministry of Civic Responsibility organised the Newspaper Collection Drive, a unique way to reinforce sustainability. Grade III B brought in the most - a whopping 79 kgs and won The RRR Award!

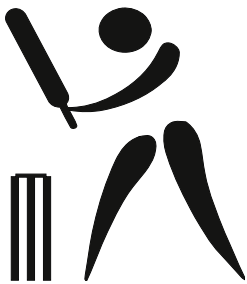




# National Sports Day

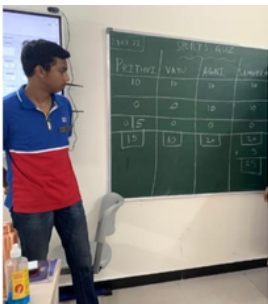
## Inter-house Cricket Tournament

To commemorate the occasion of National Sports Day, Inter-house Cricket Tournament was organised by the PED. There was great camaraderie and sportsmanship displayed all through, from the classic opening ceremony to the exhilarating final match. Young commentators were par excellence and kept the momentum going. The **Prithvi House** team emerged as the winners, with the **Agni House** team in the second position!



## Inter-house Sports Quiz

An enthralling quiz for grades I to IV was wonderfully conducted by the student quiz masters, under the guidance of Mr. Sanjeev. A precedence set for the juniors to carry the legacy!





# External Competitions

## Inter-school Competition

Premia pride came back with laurels at the recently held 'Manifesting Magnificence', an inter-school competition organised by Vista International School. The theme intended to celebrate our Incredible India!



Homeland Heroes  
First Prize - Aariz Mohammed (IV B)



Collage Making  
First Prize - Bhavya Sameera (IX A)



Elocution  
First Prize - Aaron Maricar (X A)

## National Level All Style Championship (Martial Arts)

An extraordinary display of skills at the Martial Arts Championship earned our fellow students a big round of applause!

- First Prize - Shaziya and Nandana (X A)
- Second Prize - Veer Singh (VI A)
- Yashika Shah (V A)
- Vihaan Reddy (III B)
- Third Prize - Siddharth (VI A)



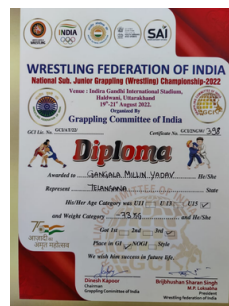
## National Tug-of-War Championship

The Trio- Rachel Pearl, Houria Anjum & Mahak Agarwal of Grade XI along with PET, Ms. Anita headed to Palgarh, Maharashtra to participate in the National Tug-of-War Championship. Proud to represent Telangana!



## National Sub. Junior Wrestling Championship

Gangala Millin Yadav of Grade X represented Telangana in Under 15, weight category 73 Kg, and won **Bronze Medal** at Haldwani, Uttarakhand, indeed a moment of pride!!





# Premia In Press

## The Premia Promise

Catch a glimpse of The Premia Academy on the front page of the New Indian Express - the Founder & MD, Ms. Sinduri Reddy shared the vision she has for our school, and how The Premia Academy came to be!

### Spearheading holistic learning

NEW HYDERABAD |

SHREYA VERONICA

WHEN it comes to moulding a child's life a certain way, we start to think about ways to teach him or her to live a better, productive life. This has become a huge task as well as a noble responsibility on one's shoulders that many have either taken for granted or have had trouble getting there. But for Sinduri Reddy, founder and managing director of The Premia Academy, educating children with knowledge and values has been her life's goal. For week's *New Hyderabad*, we learn more about this self-

made Hyderabad who is setting a beautiful example of power and purpose.

Sharing how and why she ended up establishing an institution, she says, "We come from a business family which have been into real estate for the last 20 years. I did it for half a decade. When I had my son, I started looking for a good school for him. In my pursuit of finding the right school with the right infrastructure, amenities, curriculum, teachers, etc., The Premia Academy was born."

The Premia Academy is different from your regular educational institutions in that the



Sinduri Reddy

focus here lies in creating the right atmosphere for children who are "good people first and everything else next." She goes



on to add, "Something that is close to our heart is not to push children to become the next billionaires of the world but to ensure they live a very holistic and balanced life. I would prefer my children have a few pennies less in their pocket, but more vitality in their life. That is how we envision our school

and our children. We call ourselves the premia pride and our mascot is the white lion. In short, for us, integrity is above everything else, and our core mission is that we raise our children to be good people."

Starting an educational institution from scratch was no easy task for Sinduri. She shares,

"The real estate sector was very brutal for women. There is a lot of shaming, and people tell you that you don't fit in here. My five years in that industry were daunting. But when it came to education, the fraternity has been very warm and welcoming. From the day we decided to build a school that makes a difference, people helped me out with open arms and I am thankful for all of them."

Sinduri mentions her parents and in-laws to be the biggest inspiration behind the project. "The word Premia comes from letters that make up their names. Every child that has enrolled into our school motivates us to do and be better," she tells CE.

Regarding the growing edu-

cational system in Hyderabad, she says, "Education here in Hyderabad is on par with other cities like Mumbai and Bengaluru. 20 years ago, we had only a couple of international schools with top-notch offerings but today there are about 30 odd international schools in and around Hyderabad and the government is doing a fantastic job in raising the bar of education in government schools. I would say Hyderabad is the place to be if you want to learn and grow."

She concludes with a message to those stepping into entrepreneurship saying, "Don't attach yourself to a passion but attach yourself to a purpose. Passion will die or change, but purpose outlives it all."

## Friendship Day Done Right!

We celebrated Friendship Day by participating in a meaningful workshop touching upon the more critical aspects of a friendship, namely conflict resolution. The workshop was led by Ms. Anjali Kariappa, the Founder of SpringUP, and Ms. Juhi Tayel, a consultant at SpringUP.

# MAKING STUDENTS' FUTURE-READY

PREMIA ACADEMY GUIDES STUDENTS IN DEALING WITH CONFLICT RESOLUTION IN FRIENDSHIPS

HYDERABAD

THE SOUTH INDIA TIMES

The Premia Academy, an emerging educational institution has hosted a session on "Voice of Wisdom" in collaboration with The Next Mile (a platform founded by Bhargavi Reddy that heightens the quality of kids' lives and their future goals). The event was organized in light of Friendship's Day and focused on conflict resolution among the peer group and helping them maintain healthy friendships, making them more empathetic and responsible citizens. In an attempt to teach children conflict resolution Premia Academy organised an interactive workshop to check on today's children's receptiveness to the ideas of empathy and progressive problem-solving within the peer group. The workshop focused on friendships, acceptance, peer pressure, and other tools for conflict management. The students participated actively and were excited throughout the event, connecting it to the upcoming Friendships Day and sharing issues they face with their



friends. Dealing with conflict is a lifelong skill that everyone should have. It's especially important for today's children, who can face conflict not only in person but also online in the modern world.

Speaking on the occasion, Ms Sindhuri Reddy, Director, The Premia Academy said, "Children must remain positive, patient, and sincere and learn to manage con-

flicting situations within their peer groups. The most important thing to remember is that conflicts are usually a result of varying opinions, interests, and thought processes. Conflicts can be healthy. But with the right conflict resolution skills, they can strengthen relations and even help us to be more open-minded. Expressing confidence over the event's success, Ms Trupti Rao,

Principal, The Premia Academy said, "It is crucial for children to learn conflict resolution techniques so that they can cooperate and compromise with others. The opportunity to disagree with someone allows you to learn more about yourself, understand another's point of view, and build constructive and healthy friendships. Good communication skills, including the ability to listen, are critical to conflict resolution." Anjali Kari-

appa, Founder, SpringUP and Juhi Tayel, Freelance Consultant, SpringUP, are seasoned experts with diversity and inclusion as their core values conducted the workshop focused on friendships and conflict resolution. In addition to helping children master their emotional and social skills, their transformational programs also improve their ability to cope with a variety of situations while adapting and thriving.



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