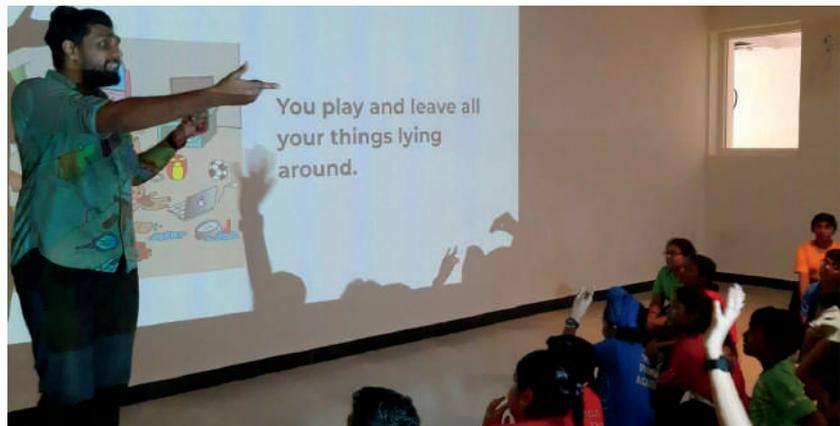




The Premia Academy

The Premia Pulse

September 2023



The SpringUP Experience: Cultivating Healthy Relationships!

From The Editor's Desk

We're excited about this month's newsletter as we're introducing you to the Editorial Team that put it together. So, keep reading to find out!

August brought creative and curiosity-quenching experiences - the Xperia Fiesta, field trips, an international career counselling opportunity and experiential learning sessions with the founder of SpringUP! So far, the students have worked on understanding peer pressure, what respect means and exploring varying perspectives on various topics.

Our mission is to empower learners to develop a progressive mindset, compassionate heart and an attitude that exudes peace!

-Nandika Preetham
Faculty In-charge, Ministry of Literary Affairs





Xperia 2023

Xperia - A Literary and Cultural Fiesta

3 days, 27 competitions, 30+ external judges, and 600+ enrollments! It included Art, Music, Theatre, Dance, and Literary competitions from pre-primary to high school. The theme celebrated the spirit of *Vasudhaiva Kutumbkum: One Earth, One Family, One Future.*

The results are in!

	Nursery	PP I	PP II
VIBGYOR Art Festival	Thumb Printing First: Dhriti Sarda Second: Izhaan Saifuddin Third: Aradhaya Singh Con: Zayna Ilham	Tear & Paste First: T. Susan Priya Second: Mehwish Begum Third: Nusaybah Khan Con: Arth Agarwal Shriyansh	Colouring with Crayons First: Abeeha Bano Askari Second: Mahi Gupta Third: Ilamoni Sidhartha Con: Navya Pandey Vruti Bansal
BOULEVARD Theatre Festival	Fancy Dress First: Izhaan Saifuddin Second: Dhriti Sarda Third: Taransh Bajaj Con: Viyanshi Agarwal	Performance Poetry First: Mehwish Begum Second: Samhita Kulkarni Third: Muskan Ahmed	Performance Poetry First: Ashar Sharif Second: Ryna Jaiswal Third: Dherya Agarwal Con: Yuvan Bajaj
OPEN MIC Literary Festival	Rhyme Time First: Md. Hammad Siddiqui Second: Sri Aadhya Vadrevu Third: Syed Aahil Ibraheem Aradhya Singh Con: Amaira Singh	Show & Tell First: Imrah Hayat Second: Mohd. Shaik Raza Third: Kairav Bung Con: Mabel Pearl Ernest	Show & Tell First: Mahi Gupta Second: Aradhita Mishra Third: Navya Pandey Con: Vruti Bansal Dibyansu Lal

	Grades I & II	Grades III, IV & V
VIBGYOR Art Festival	Draw & Colour First: Tanisha Agarwal (II A) Second: Sakina Fatima (II B) Third: Chehek Agarwal (I C) Con: Syed Zayaan Ali (II A) Vaanya Sri (II C)	Scratch Art First: Samanvya Behera (V A) Second: Rubani Kaur (III A) Third: E. Gautami (IV B) Con: Shanvi Gudumani (IV A) Shreesha Makhwana (V B)
BOULEVARD Theatre Festival	Finger Puppets: Fairy Tales First: Farwan Ur Rehmaan (II B) Second: Bhavishka M. (II C) Third: Paridhi Soni (II A) Con: Maryam Akhter (II A) Ridhi Sainani (I A)	Monoact: Folk Tales First: Vihaan Reddy (IV B) Second: Rumaysah Khan (III A) Third: Bruhat Kopakka (IV A) Con: Sai Rithvik Sivinigari (V A) Humairah Muskan (V A) Gauri Rajuladevi (V B)



Xperia 2023

	Grades I & II	Grades III, IV & V
FOOTLOOSE Dance Festival	<p>Solo Dance First: Jatin Bajaj (II C) Second: Zynah Aimen (II B) Third: Driti Karwa (I A) Con: Kaira Shukla (I A) Zunaira Mustafa (II C) Paridhi Soni (II A)</p>	<p>Solo Dance First: Mohd. Umar Baig (III B) Second: Nairah Bint Moin Siddiqui (IV A) NLN Varsheeth (V B) Third: Rubani Kaur (III A) Aaradhya Mundada (V A) Con: Rudra Mishra (III A) Myrah Bose (IV B)</p>
OPEN MIC Literary Festival	<p>Elocution First: Aleena Mahmood Khan (I C) Dhruv S. (II B) Second: Nida Ahmed (I A) Hriday Ladda (II C) Third: Nitansh Jain (I C) Morri Chinmayee (II A) Con: M. Elijah Michon (I B) Nabiha Siddiqui (II C)</p>	<p>Turncoat First: Vihaan Reddy (IV B) Second: Sameeha Khatib (V A) Third: Aariz Riaz Mohammed (V A) Con: Sai Rithvik Sivinigari (V A) Sai Dhruv Nellore (V B)</p>

	Grades VI, VII & VIII	Grades IX, X, XI & XII
VIBGYOR Art Festival	<p>Face Painting First: Md. Abdul Muqsit Uzair (VI A) Vardaan Bhattad (VI A) Second: Arysha Mishra (VII A) K. Umesh (VI B) Third: Devi Anjana Mutyala (VI A) Nitya Rana (VI A) Con: Zeenath Zehra Khan (VIII A) Momin Muhammad Tahir (VI A)</p> 	<p>Fashion Fiesta First: Rachel Pearl (XII A) Vedamayee Madiraju (XII A) Areeba Asif (XII A) Houria Anjum (XII A) Mahak Agarwal (XII A) Juweria Ilyas Mohammed (XII A)</p> <p>Second: Savvy Bothra (XI A) Aarya Mantri (XI A) Shreya Gaur (XI A) Samyukta Murugesan (XI A) Shreya Gupta (XI A)</p> <p>Third: M. Sohail Mirza (IX A) Maryam (X) Maaz Ali Khan (X) Mulamalla Srutika (X) Zaara Ali Syeda (IX A)</p> <p>Con: Aman Samuel (IX) Maryam Ali Baig (IX) Qazi Syed Abdul Rahman (IX A) Syeda Ayana (IX A)</p>



Xperia 2023

	Grades VI, VII & VIII	Grades IX, X, XI & XII
SYMPHONY Music Festival	Group Singing First: AGNI HOUSE Bala Hansini Gujja (VII A) Lina Bhowmick (VII A) Anughna Budaga (VII A) Tanishka Khandelwal (VI) Bapireddy Harini (VI) Second: VAYU HOUSE B. Guna Spandana (VI) Annika Verma (VI) Fizaa Ali Syeda (VII A) Syeda Zoya Ali (VII A) Rida Rahman (VI) Third: SAMUDRA HOUSE Aisha Khan (VII A) Alumkanti Neetu (VII A) Kalva Varshini (VII A) Charitha Edula (VII A) Anwasha Mukherjee (VI)	Group Singing First: Syeda Aliyah Zara (XI) Mahveen Fatima (X) Bhavya Sameera P. (X) Second: Adiva Shaz Jaweedan (IX) Md. Ameen Zaryan (IX) Md. Ayaan (IX) Arhaam Khan (IX) Tanya Y. (IX) Mohd. Faizaan Ur Rahman (X) Ayush Somani (IX) Third: Sameeha Anam (IX) Sree Shresta Siripi (IX) Inaabah N. Hussaini (IX) Ayesha Fathima (IX)
BOULEVARD Theatre Festival	Street Play First: VAYU HOUSE Anirudh Reddy (VIII A) Krishav Rathi (VIII A) Sai Dhruv Tej (VI) Srimanyu K. (VI) Veer Singh Gulati (VII A) D. Aman (VII A) Nusaibah Fatima (VIII A) Second: PRTHVI HOUSE Kadika Goud Toughta (VI) Abhishai Gnaan (VII A) Mohd. Saud Shaik (VIII A) Fauzia Fatima (VIII A) Mohd. Afzaan Sayani (VIII A) Syeda Afifa (VIII A)	One Minute Movie First: PRITHVI HOUSE N. Sai Nishith (X) Garg Harshill Prasad (X) Abbas Ali Khan (X) Himagna Sai Prakash (X) Juweria Ilyas Mohammed (XII A) Second: SAMUDRA HOUSE Harshith Basuthker (IX A) M. Kaamil Hussain (IX A) N. Bhavika Sahasra (IX A) N. Anirudh Goud (IX A) Singaram Sanjana (IX A) Vidushi Singhanian (IX A) Rehaan Abdul Malik (X)
OPEN MIC Literary Festival	Poetry Writing First: Fizaa Ali Syeda (VII A) Second: Sreeruthi Guvva (VIII A) Third: Bala Hansini Gujja (VII A) Cons: Sai Dhruv Tej (VI B)	Declamation First: Zaara Ali Syeda (IX) Abbas Ali Khan (X B) Second: Inaabah N. Hussaini (IX) Jia Lakhanpal (XI) Third: Maryam Ali Baig (IX) Cons: M. Kaamil Hussain (IX) Shaurya Singh (XI)



Xperia 2023

	Grades VI, VII & VIII	Grades IX, X, XI & XII
<p>FOOTLOOSE Dance Festival</p>	<p>Group Dance First: PRITHVI HOUSE Tannvika Khandelwal (VI) Sehrish Zubair (VI) Sidhiksha S. (VI C) Divit Agarwal (VI C) Lalit Sai Galla (VII A) Abhishai Gnaan (VII A)</p> <p>First: SAMUDRA HOUSE Nitya Rana (VI) Devi Anjana Muthyala (VI) Aisha Khan (VII A) Diya Daliya (VI) Aashi Anand (VI) Muntaha Nisar (VII A) Kalva Varshini (VII A) Anwasha Mukherjee (VI) Charitha Edula (VII A) Alumkanti Neetu (VII A)</p> <p>Second: PRITHVI HOUSE Momin Muhammad Tahir (VI) Momin Muhammad Taufeeq (VII A) Pavitra Kalivela (VI) Suchitesh Swain (VII A) Palak Bhattar (VII A) Saanchi Daliya (VII A) Syeda Afifa Hashmi (VIII A)</p> <p>Third: SAMUDRA HOUSE Devang Bajaj (VI) K. Umesh (VI) Thakur Ranveer Singh (VI) Hasnain Ali Mirza (VI) Mohd. Zohair (VII A) Chandan Sai (VII A) Siddharth Yarlagadda (VII A) Arysha Mishra (VII A)</p>	<p>Group Dance First: GRADE XI Savvy Bothra Aarya Mantri Hardik Bansal Aaron Maricar Samyukthaa Murugesan Yuveka Suchit Khndelwal Md. Hadi Shah Shreya Gupta</p> <p>Second: PRITHVI HOUSE Bhavya Sameera Pittalla (X) Nowpada Sai Nishith (X) Garg Harshill Prasad (X) Mohd. Faizaan Ur Rahman (X) Tanya Y. (IX)</p>  





Xperia 2023



Vasudhaiva Kutumbakam

~ one earth, one family, one future ~



3-5
AUGUST
2023



Field Trips

Rainwater Harvesting Theme Park: Gr III, IV & V

We were thrilled to go to the Rainwater Harvesting Theme Park as we understood how water is processed before it reaches our homes, All of us discovered the different methods used to prevent the wastage of water. It was truly an interesting experience.

- Viha Chowdhary (Gr V)



Masqati Dairy Farm: Gr VI & VII

We explored everything, from the process of churning to the production and packaging. They even showed us samples of the products! Overall, it was a great experience, and now we really appreciate all the hard work that goes into the preparation of our food and beverages.

-Rida Rahman (Gr VI)



Apiculture Farm: Gr VIII & IX

We visited an apiculture farm on the 19th of August and were super happy to be spending time outside of school with our friends, learning about different types of bees, and what bees produce apart from honey. Our favourite part was touching the bees, and seeing them up close. All in all the field trip was amusing and exciting because we did hold the tiny but mighty bees in real-time.

-Peher (Gr VIII), Vidushi & Bhavika (Gr IX)





Experiences

IC3 Engagements - University Fair and Conference

The IC3 Institute is a mission-driven non-profit organisation that aims to make education more accessible, they counsel and pave the path for students. More than 30 local and international universities visited our campus and shared insights about various programs.

The conference was held at the HICC, Hyderabad on the 23rd and 24th of August 2023. Aaron, Jia, Aliya, Talat and Aarya from Grade XI as well as a few members of the school management attended the conference. Engaging with individuals from various universities spanning the globe and attending masterclasses was phenomenal!

-Jia Lakhnpal (Gr XI)





Experiences

Rhyme Cafe

The tiny-tots from Nursery, PPI and PPII enthusiastically participated in the Rhyme café! The central idea of the event revolved around nature, rain and seasons. It kicked off with a captivating story-telling seamlessly woven together with rhymes.

Parents had a delightful time witnessing their little ones joyously singing the medley of rhyming verses in English, Hindi and Telugu like "I hear thunder", "Titli rani" and "Chitti Chilakamma" accompanied with props.

-Samyukthaa M (Gr XI)



Laurels Galore at Meridian School

We are enthused to share that the Premia Cubs have achieved great heights in various competitions held at Meridian School. Rubani Kaur from grade III, won First prize in Oorja (talent in a minute) and Team Fable Fantasia came Second in Storytelling.

First prize, Talent in a Minute
Rubani Kaur (Gr III)



Second Prize, Team Fable Fantasia
Hamdaan, Hansika, Tani, Neysha,
Hardik, Rumaysah (Gr III)



Quill At Will - Poetry & Story Writing

The Quill@Will event held on August 16th ignited a realm of creativity for students of Gr VII to IX. This competition urged us, the budding writers, to delve into thought-provoking topics like India 2.0, Alien Invasion, and Saving the Seas, penning stories and poems in a gadget-free 90 minutes.

And here are the results! Congratulations to all the winners!!!



1st Prize- Bhavika Sahasra (Gr IX)

Amazon Gift Voucher- Rs. 1500

2nd Prize- Bala Hansini Gujja (Gr VII)

Sameeha Anam (Gr IX)

Amazon Gift Voucher- Rs. 1000 each

3rd Prize- Zeenath (Gr VIII)

Maryam Ali Baig (Gr IX)

Amazon Gift Voucher- Rs. 500 each

Consolation Prize- Vidushi Singhania (Gr IX)





World Of Sports

Football Match @ Meru International

A football tournament was held on the 3rd of August 2023 at Meru International School. Although we lost the match against Manthan School, we surely gained experience and made new friends.

- Afzaan and Rizwan (Gr VIII)



District Selection for Cricket

The prestigious 67th National School Games were held on 24 July 2023 at T.S.W.R.S. Three of our Musketeers, Afzaan and Uzair Malik of Gr VIII and Siddhartha from Gr VII represented The Premia Academy in the U14 Cricket Tournament.



National Sports Day

National Sports Day is celebrated on the 29th of August every year in memory of Major Dhyan Chand, one of the best Indian hockey players. On this occasion, a special assembly was conducted for Gr V to XII. A physical fitness drill led by Daniel Sir instilled energy in the students. Grades I and II painted sports-themed pictures while a Sports Quiz was conducted for Grades III and IV.

-Jia Lakhanpal (Gr XI)



Junior NBA Tournament

Our basketball coach, Mr Venu Mohan had the golden opportunity to train with NBA coaches in the RF Jr. NBA Coaches Clinic in Hyderabad. The Premia girl's team participated in the basketball tournament!





Events & Celebrations

Friendship Day

Making friends is hard, there's no denying that. It takes time and effort and it's amazing when you do. This year, we celebrated friendship day humorously to thank our partners in crime, the ones who don't leave our side and the ones who motivate us to do our best. Three cheers to all our friends - old and new!



Parents In The Shoes Of Their Children!

Premia has long prided itself in being a community of learners. Our parents and teachers are as much a part of this learning community as are our children. To this end, we held a fruitful parent connect on 19th August 2023, to demonstrate how teaching and learning practices in school can be extended at home too! There was a lot of laughter as parents participated in games and activities. There were some wonderful suggestions by parents that we hope to include in our curriculum in the coming months. We at Premia believe what Jane Hull said, "At the end of the day, the most overwhelming key to a child's success is the positive involvement of parents."

- Akriti Agrawal, Curricularist



Independence Day

The Independence Day celebrated on 15th August was a spectacular event for The Premia Academy. The festivities commenced with a spirited march across our grounds, with the youngest ones proudly holding the Indian flag and dressed in respect to the freedom fighters. The hoisting of the flag was followed by a vibrant cultural program and a quiz on heritage, lapping the day off with a note of gratitude from the Student Pupil Leader.

-Aaron Maricar (Gr XI)





Making Us Proud!

ISRO's Chandrayaan-3 Launch

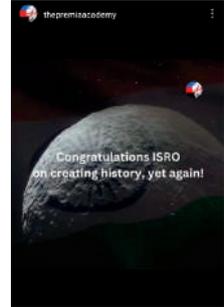
ISRO's Chandrayaan-3 Launch stands as a testament to India's scientific excellence! Their unwavering dedication to space research is an inspiration to all of us. This remarkable achievement resonates deeply with our students and makes the entire nation proud, reinforcing the importance of curiosity, innovation, and diligence in the pursuit of knowledge. Congratulations ISRO on making history!



Photography: Aarav Tandon, X B



Lunar lander - Vikram



Volleyball District Selections

We are proud to announce that three students from our school: Harini Alwala (Gr VIII), P. Deekshitha (Gr IX) and N. Abhaya Rithvik (Gr X) were selected to represent Rajendra Nagar Zone in the upcoming School Games Federation (SGF) Volleyball Tournament from the 22 school teams that had participated in the Zonal Selections from the 4 Mandals of Rajendranagar zone.

-Shalini Banerjee (Gr XI)



Chess Champ

Pranaवादitya (Gr V B) secured Second place in the District Chess Competition at the Under-15.



Karate Star

Jashan (Gr V A) won Bronze Medal at 8th KAI All India Karate Championship held in Kurukshetra University, Chandigarh.



Editorial Team - The Premia Pulse



Jia Lakhanpal (Gr. XI)
Secretary
Ministry of Literary Affairs



Prisha Pandey (Gr. X)
Dy. Secretary
Ministry of Literary Affairs



Nandika Preetham
Faculty in-charge
Ministry of Literary Affairs



Nikhila Roy
Faculty
Ministry of Literary Affairs



Monica Arora
Headmistress
& our guiding light



Zaara Ali Syeda
Grade IX



Shalini Banerjee
Grade XI



Samyukthaa Murugesan
Grade XI



Adiva Jaweedan
Grade IX

+91 9111 399 399

Pillar No. 102, 501 Karwan Sahu Road,
Attapur, Hyderabad, Telangana 500008

admissions@thepremiaacademy.com
support@thepremiaacademy.com

Log on to the website for details and pictures of events

Follow us on social media



/ThePremiaAcademy