



The Premia Academy

The Premia Pulse

October 2022



Ushering in Prosperity & Progress!

From The Editor's Desk

"Continuous improvement is better than delayed perfection." - Mark Twain

Term-end assessments echoed similar thoughts, everyone did their level best and we wrapped up with a lovely Dussehra celebration, the Premia Pride displaying their best moves on the folk music!

Time sure flies when we have power-packed programs and are having a good time! That's how Term I has been this academic year and we are looking forward to the next one.

-Nandika Preetham
Faculty In-charge, Ministry of Literary Affairs





Explorations

Nursery Step by Step



Tracing letters and numbers on the floor to explore the shapes, sounds and meanings. Learning can be fun!



PP I A Learn & Play with Clay



Modelling with clay dough- Recalling letters. Little fingers at their creative best!



PP I B Colourful Seasons

Associating colours with seasons and creatively depicting them through finger painting.



PP II A Build-a-word



Fun with phonics! Putting letters together to build three-letter words.



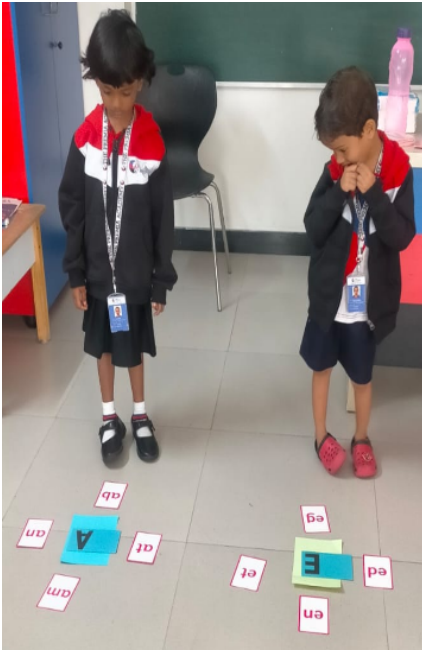


Discoveries

PP II B

Raising Readers

Hop, Skip & Jump - As simple as that!
Transforming sounds into words is an integral part of the pre-reading program.



Grade I A

Addition & Subtraction

Identifying arithmetic signs and solving the given problem practically using objects. We are growing big! Aren't we?



Grade I B

Ordinal Numbers

Identifying and placing the animals in the proper position based on the instructions. Little logicians at work!



Grade I C

Sorting Nouns

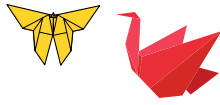
Sorting everyday objects, reinforcing the concept of countable and uncountable nouns.





Observations

Grade II Origami



Diving into the world of imagination with origami! Using one's fingers to cut and fold improves concentration and spatial awareness.



Grade III A Noun Jars



Identifying types of nouns and placing them in the respective jars. We have come a long way!



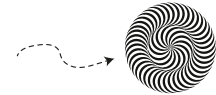
Grade III B Place Values



Stepping into the shoes of numerals for a day! Comprehending place value by standing in the right order, and not missing the values marked on the crowns was the trick to follow.



Grade IV A Optical Illusion



Playing with perspectives using lines and shapes to distort the actual image or view. Can you see what they can?





Quests

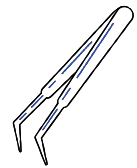
Grade IV B Investigating the Body

Measuring bone length and comparing the results. Imbibing the core value to appreciate similarities and differences along the way!



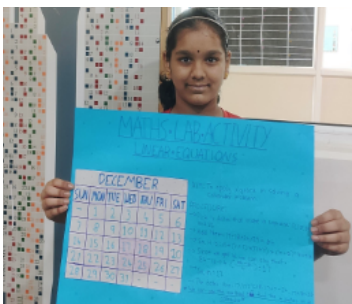
Grade V Dissection - Studying a Flower

Analysing the parts of a flower and their functions by dissecting it. Hands-on learning activates longer retention!



Grade VI Linear Equations

Solving and representing linear equations on graph paper.



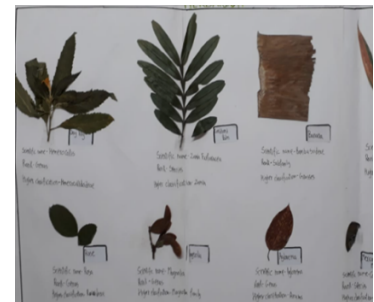
Grade VII Plant Puppets

Demonstrating feeding mechanisms of insectivorous plants through a puppet show.



Grade VIII A Garden Study

Putting together a herbarium, collecting local plant specimens and also making a natural pesticide to keep the pests away!





Students' Corner

Grade XI

Role Play - Bills of Exchange

Understanding how transactions can be carried out without money by role-playing a creditor, debtor & banker.



Design Thinking



Making a belt-driven fan, learning about power transfer.



Designing a Herculean machine to lift and transport loads.



I represented the Vayu House in the Inter-house Cricket Tournament and it was a wonderful and once-in-a-lifetime experience.

- Bhavnesh, Gr. VIII

I loved how we all came together to celebrate Dussehra and danced around the Bathukammas. We really enjoyed!

- Kameswari, Gr. V



There were so many activities to choose from this term. I participated, won a few prizes and I'm looking forward to more!

- Hanaa, Gr. VII



It's so much fun to take part in competitions at school. I gave a speech for the first time and it was very exciting!

- Hanika, Gr. III A





Events & Celebrations

Indian Nutrition Week

As a part of the Indian Nutrition Week, observed annually between September 1 to 7, we explored concepts like food groups, balanced meals, food culture around the world and delved into the chemistry of food intake.

Dr. Samantha Tulla conducted a workshop for our parents as a part of the #VoiceofWisdom series, to equip them with new approaches to food choices and nutritional awareness.



The Premia Academy organizes Nutrition Week 2022

...immune system and caters to the physical and mental well-being of individuals

The importance of nutrition for health, we are organizing various activities to imbibe good nutrition habits among the children. The week began with various competitions with a primary motive to draw awareness towards healthy, nutritious and adaptive eating habits with a happy lifestyle. In addition, Mr. Bhargavi Reddy (Co-ordinator Parenting Advisor) addressed issues like fussy eating and food allergies. The session was very helpful to parents and equipped them with the knowledge that is based on new scientific research. The Primary section learned about various sugars and sugar replacement as well as different meal cultures and how they balance their plates with a variety of foods. On the effects of sugar on our bodies, they conducted some trials. The older groups were taught bodily awareness.



Cheetah Awareness Session

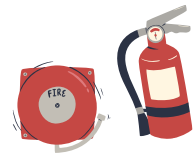
The Ministry of Environment and Climate Change piloted a cross-country campaign to raise awareness among students about the re-introduction of cheetahs in India. It's been 70 years since they were declared extinct in our country!

The excitement was high now that the current generation may also have the chance to witness the majestic, big cats. Thanks to the efforts made by the government toward wildlife conservation.

Fire Safety Drill

The Fire Department demonstrated a fire safety drill on our campus on September 16th, to educate us about the best practices to be followed during an emergency.

They illustrated methods to assess and address a fire, and shared survival techniques as well. After a hands-on trial, they went on to reveal ways to intervene and control the fire using powerful hoses and of course, their absolute resilience and agility!



Junior Inter-House Cricket Tournament



The junior cricket teams gathered on a sunny day to wrap up the First Term with an Inter-house Cricket Tournament, organised by the PED. Enthusiasm and sportsmanship were on a high, right from the classic opening ceremony to the final match.

The **Samudra House** team emerged as the winner, with the **Prithvi House** team in the second position!



Stars Of The Month

Striving to be the best!

Positive recognition is an excellent way to motivate progression and good behavior. Judged on the 5Cs- **Cleanliness, Courtesy, Communication, Creativity, and Camaraderie**, students of Grade VII under the able guidance of their class teacher, Ms. Rajeshwari emerged as the winners for the month of September. Congratulations!!!



**Star Class of the Month
Grade VII**

House Scoreboard



**Star House of the Term:
SAMUDRA**

AGNI	PRITHVI	SAMUDRA	VAYU
115	97	157	129

CONGRATULATIONS

Pillar No. 102, 501 Karwan Sahu Road,
Attapur, Hyderabad, Telangana 500008

+91 9111 399 399
admissions@thepremiaacademy.com
enquiry@thepremiaacademy.com

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