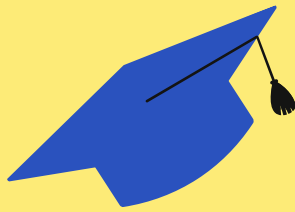


The Premia Academy

The Premia Pulse

March 2024



Congratulations!



Pre-Primary Graduation: Class of 2024

From The Editor's Desk

We have had a dynamic month - exploring, learning & growing as learners, teachers and mentors. It makes me proud to present this issue of the newsletter to you!

This month marked the culmination of programs, with students showcasing their growth at the Financial Literacy and SpringUp Finales. We have a deep dive into the library, an insightful interview with one of our leaders and our adventures within and beyond the classroom!

We also congratulate the senior most students of Pre-primary on their graduation! The end of an academic year signifies more than just the end of classes; it is a milestone of growth, achievement, and reflection.

-Nandika Preetham
Faculty In-charge, Ministry of Literary Affairs



Premia Pride, Madhavi Sanskriti stuns with her TED Talk: Igniting Inspiration and Empowering Minds!

Classroom Diaries



Nursery

Identifying and tracing shapes to understand the properties of each shape.



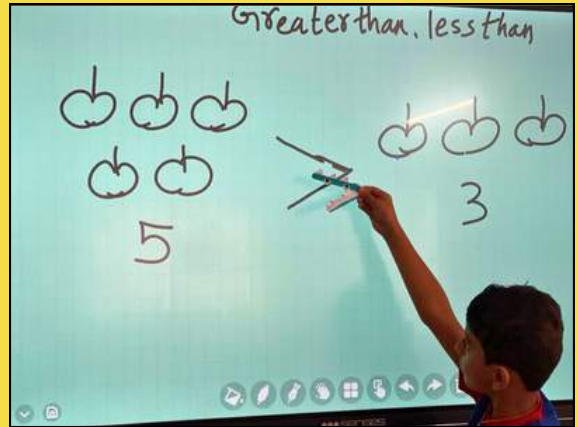
PP I A

How many 'i' family words can we make? Let's slide and see!



PP I B

Feeling the sandpaper letters and spelling out 'a' family words



PP II A

Using greater than, lesser than & equal to symbols to understand comparison of quantities.



PP II B

Learning to read analog clocks and understand the position of the hour and minute hands.



Grade I A

Experimenting with applied force to overcome resistance.

Classroom Diaries



Grade I B

Real-life application of push & pull forces on a toy car.



Grade I C

Engaging in buddy reading to boost peer learning!



Grade II A

Separating magnetic material from a mixture using a magnet.



Grade II B

Bringing poetry to life by going on a natural scavenger hunt to look for leaves and flowers.



Grade II C

Observing how solutions can be made and separated using different materials.



Grade III A & B

Engaging in tie & dye to experiment with colours and nurture creativity.

Classroom Diaries



Grade IV A

Drafting a class constitution to exercise fundamental rights and duties.



Grade IV B

Creating an interactive tool to illustrate the four operations of decimals



Grade V A

Depicting the evolution of communication on the sides of a cuboid.



Grade V B

Does it take critical thinking to make a sandwich? Absolutely! We had to follow the steps carefully.



Grade VI A

Building simple circuits and describing their working.



Grade VI B

Pantomime presentations to explore the importance of exaggerated body language, and facial expressions.

Classroom Diaries



Grade VI C

Working together to make a model car and combining the best of our abilities as a team



Grade VII A

Making a self-sustaining natural environment in a terrarium



Grade VIII A

Calculating the curved and total surface area of a cylinder using paper models



Grade IX A

Performing short skits to showcase our interpretation of dramatic literature.



Grade X

Observing light passing through a prism resulting in total internal refraction



Grade XI

Carrying out qualitative analysis of given salt to identify the anion & cation present.



Grade XII

Building endurance and flexibility in Physical Education

Leader's Legacy

Ms. Trupti Rao's Inspiring Journey in Education



We, Anirudh and Vihaan, extend our heartfelt gratitude for this insightful interaction with our dear Principal. This interview was not just an educational experience, but a memorable journey into our leader's legacy.

This opportunity to learn from Ms Rao's experiences and wisdom is something we will always cherish.

A serendipitous start!

Ms. Trupti Rao's journey into the world of education was unplanned, a beautiful accident. A visit to a friend's school unexpectedly unveiled her love for teaching. This experience, though unanticipated, set the stage for a fulfilling career that impacts countless young lives. This story teaches us that sometimes, our true passions are found in the most unexpected places.

Ascending the ranks

From a humble beginning as a Nursery teacher, Ms. Rao's career is a testament to hard work and dedication. Through various educational roles, she honed her skills, each position preparing her for the ultimate role of a principal. Her journey emphasises that success is a step-by-step process, where each experience contributes to personal and professional growth.

The joy of leadership

As a principal, Ms Rao finds immense joy in the vibrant and dynamic environment of the school. She cherishes the interactions with students and the opportunity to influence their lives positively. Her story highlights the joy in helping others grow, reminding us that true satisfaction often lies in the success and happiness of those we guide.

Overcoming the odds

The path of a principal is challenging. Ms. Rao spoke candidly about the complexities of decision-making and the balance required in her role. Her resilience in facing these challenges shows that with determination and a clear vision, obstacles can be transformed into stepping stones towards achievement.

Inspirations and aspirations

Reflecting on her personal growth, Ms Rao credits her mentors, especially Sister Therese Claire, for shaping her approach to education. She owes a great amount of gratitude to Ms. Shaheen Moidu, Ms. Usha Reddy, Ms. Lalitha Naidu and most of all her parents. Her love for gardening, a hobby that keeps her centered, reveals the importance of personal well-being in professional success. Her story reminds us that behind every successful individual are inspiring mentors and balancing hobbies.

A message to cherish

Ms Rao's advice to students is a blend of wisdom and encouragement. She urges hard work, passion and seizing every learning opportunity. This advice encapsulates the essence of her educational philosophy and serves as a guiding beacon for students aiming to succeed.

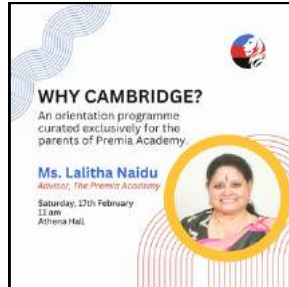
Ms Rao's story is not just about her career but a narrative that resonates with anyone who seeks to make a meaningful impact. Her journey from a teacher to a principal, filled with passion and perseverance, is a powerful reminder of the impact one person can have in shaping the future.

We hope our fellow students and readers find as much inspiration in her words as we did in this conversation. Thank you, Ms. Rao, for sharing your story and for your invaluable contributions to our lives and education!

- Anirudh Kommireddy & Vihaan Reddy (Gr. IV B)

Cambridge Corner

Cambridge Orientation Programme



The orientation programme organised for parents curious about the Cambridge curriculum was led by our school advisor and long-standing CAIE professional, Ms. Lalitha Naidu. She carried out an interactive session that offered a comprehensive overview of the program, its structure, and the benefits it offers to students.

Cambridge is a globally recognised curriculum and has the potential to prepare students for higher education and future career success. Each subject is embedded with a modular structure, an emphasis on practical skills and an international perspective! Parents were briefed on the assessment methods as well. The orientation concluded with an interactive Q&A session, providing parents the opportunity to seek clarification on any lingering doubts or concerns. We are grateful to Ms. Naidu for sharing her expertise and exceptional facilitation during the session.

Cambridge Schools South Asia Conclave



Our Principal, Ms Trupti Rao and Head Mistress, Ms Monica Arora were proud to represent The Premia Academy at The Cambridge University Press & Assessments Schools Conclave this year! The event brought together speakers from Cambridge and over 500 school participants from countries in South Asia. Our leaders gained insights about new educational developments and best practices within the international community of Cambridge schools.

Cambridge Workshop: Global Perspectives



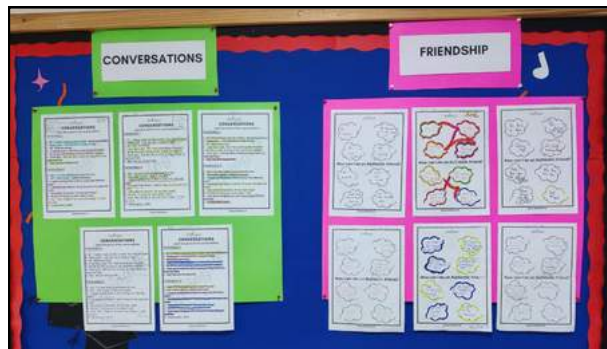
Learning never ends - that holds true for facilitators and teachers, too! Our Head Mistress, Ms. Monica Arora and teachers, Ms. Kalyani Sharma and Ms. Mubeena Waris, participated in a session on underpinning key pedagogies of Global Perspectives, which is a unique, transformational programme that helps students at every stage of school education develop outstanding transferable skills, including critical thinking, research and collaboration.

SpringUp Showcase

Social and Emotional Learning (SEL) with SpringUp

*"The future belongs to those who learn more skills and combine them in creative ways."
- Robert Greene*

For children, SEL goes beyond traditional academic subjects, focusing on the development of essential life skills. It emphasizes the cultivation of self-awareness, self-regulation, interpersonal skills, and responsible decision-making. Over the course of a year, students from Grades III to VIII participated in SpringUp workshops curated by their founder, Ms. Anjali Kariappa Chengappa. It was wonderful to witness children develop authentic friendships, improve their listening skills and share perspectives in a respectful and empathetic manner - all as a result of their learning experience in the workshops. The showcase was a comprehensive culmination of a year of SpringUp sessions!



Financial Literacy Quiz

Fostering Financial Literacy

The students of Grades III to V participated in the Financial Literacy program facilitated by BrightCHAMPS, previously known as Metamorphosis Edu. They train young minds and entrust them with significant aptitude and knowledge of managing money, saving, investing, and taxes. Learning about finances is a critical life skill that can have a substantial impact on their future financial well-being. The students took part in the Financial Literacy Quiz to put their learning to the test



First Prize - The Game Changers
Anirudh, Ayaan, Shreshtha, Rumaysah, Juwariyah, Shaik



Second Prize - The Dreamers
Hansika, Hunar, Tara, Advait, Ashar, Ismail



Third Prize - The Challengers
Divith, Akshaj, Raunak, Varnika, Rudhiksha, Sai Dhruv



Participation - The Change Makers
Rishith, Rudra, Charith, Aarush, Anayah, Samaira

Premia Escapades

Grades I & II: Exploring Crafts at Shilparamam

The students of Grades I and II spent the day at Shilparamam - the arts and crafts village - exploring exhibits like the Village Museum and the Rock Garden, visiting local market stalls with unique retro crafts and enjoying a nature walk as well. Shilparamam hosts a multitude of ethnic art, crafts and culture, with their main goal of supporting artisans from all over India.



Premia Escapades

Pre-Primary: Day Out at Daisy Dale!

The pre-primary students had an incredibly exciting and educational field trip to Daisy Dale Farm! They learned about life on the farm while interacting with the friendly farm animals. What could be more hands-on than that? Their staff members also shared insights about the animals' behaviors, habitats, and care with our curious lot.

The Maze turned out to be an a-maze-ing game of hide-and-seek where the kids preferred giggling and walking around together, instead of finding their way out! They also visited the Rhyme Garden which was beautifully set up with the kids' favourite nursery rhymes on display to sing along to. Dino World, The Seven Wonders of the World and the train and bus rides were the icing on the cake!



Deep Dive: Library

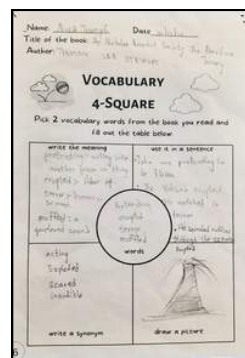
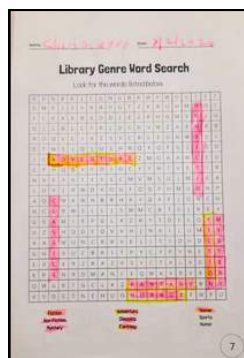
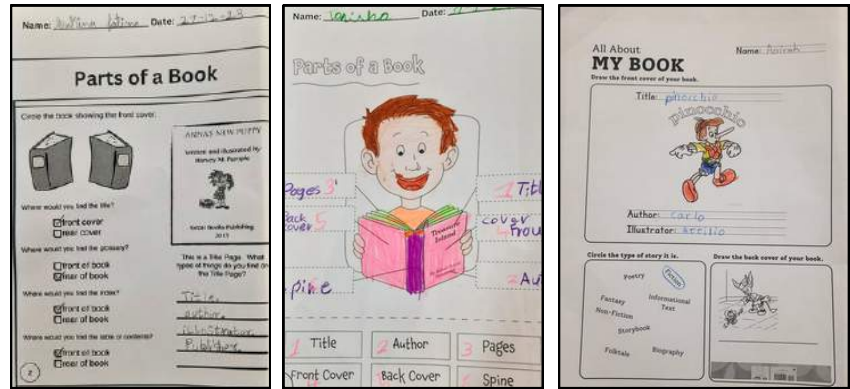
Books & Beyond

In this month's **Deep Dive Series**, we focus on our school library and the array of activities that go beyond traditional book borrowing, providing valuable opportunities for peer engagement, education, and entertainment. curated and facilitated by Ms. Suneetha K, our librarian.

What's a book made of?

Before diving into reading, it helps to learn the right vocabulary to be able to talk about books.

Students learned to identify the parts of a book and also illustrated book covers based on the genre. This, in turn, helped them deduce the genre of the book when it was their turn to pick up a book of their choice!



Working on our vocabulary

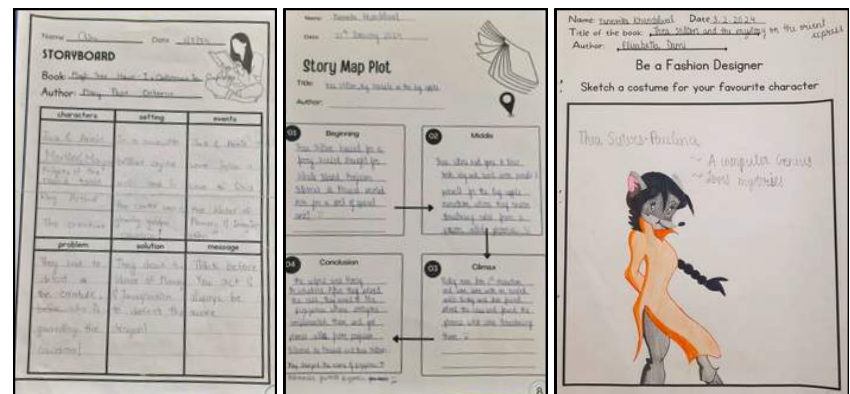
The Library Genre Word Search activity combines the enjoyment of solving puzzles with focused vocabulary study of various genres, making it an engaging and effective way to expand language skills and to encourage exploration, recognition and familiarity with genres.

Students also delved into vocabulary from the books they were reading by noting down its meaning and synonyms and its usage in a sentence. Illustrating the words was a wonderful way of visualising vocabulary!

Bring the story to life

Storyboards allowed students to analyse the components of a story - characters, setting, events, problems, solution, and the underlying message - and encourage comprehension and critical thinking skills.

Making story maps clarified the narrative structure and designing a costume for a character was the ultimate way to foster connections to the character!



Sharing reviews & exchanging perspectives

Reading can be an individual experience, but it can also be shared with others. Book talks, book reviews and role plays based on favourite books encouraged sharing opinions to help others choose a book that suits them.

It also fostered a shared enthusiasm for reading and new friendships as well - who doesn't love a reading buddy?

Future Forward

Pre-primary Graduation

We're proud to share that the students of PPII A & B graduated in a heart-warming ceremony that marked the end of a significant chapter in the young learners' lives and served as a stepping stone for their exciting journey into primary education. We extend gratitude to their teachers - Ms. Priyanka Lama, Ms. Keerti, Ms. Ambika, Ms. Priyanka Thakur, Ms. Asiya & Ms. Sampurna - for fostering a love of learning, creating a supportive environment, and instilling valuable social and academic skills.



JK Shah Classes: Orientation

The Premia Academy organized an orientation session focused on professional courses to enlighten students about the diverse career paths related to the Commerce stream. The event, in association with JK Shah Classes, Mumbai, aimed to provide insights into prestigious qualifications such as Chartered Accountancy (CA), Company Secretary (CS), Chartered Financial Analyst (CFA), and Institute of Cost and Works Accountants (ICWA).



Internship @ Corp One



During the internship at Corp One the students of Grade XI gained first-hand insight into the experience of a customer service priority business - specifically employee responsibilities, the management structure, and the various departments. They were also given prompts to engage in a role-play to simulate real-life professional scenarios.

Field Visit to CII



Students of Grade XI visited the Confederation of Indian Industry campus, which is known for its zero tolerance of waste and is accredited as a Green Building. The solar-powered campus is designed considering the climatic conditions and has its own water treatment plant. They also learned about how the 4.5 acres of land was developed, keeping its natural surroundings intact.

Mindful Moments

Mindfulness Workshop: Soul of a Teacher

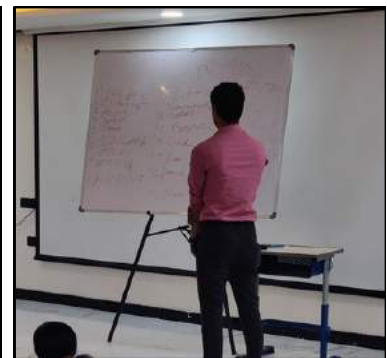
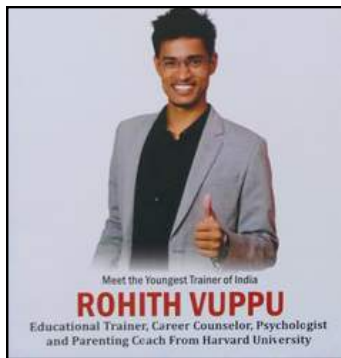
Our teachers had the privilege of attending a transformative session on mindfulness facilitated by Mr. Ganesh Kohli, the founder of IC3 (International Career & College Counseling) and Dr. Preeti Kohli, founder of AHA Movement. It was an enlightening experience diving into how mindfulness can revolutionise our approach to life, education, and beyond.

From fostering resilience to enhancing focus, the session illuminated the meaningful impact of mindfulness practices on our overall well-being. Mr. Ganesh Kohli's profound wisdom and Dr. Preeti Kohli's practical expertise made for an enriching dialogue, leaving the faculty members inspired to integrate mindfulness into their daily lives.



Memory Enhancement Workshop: Getting Exam Ready!

Rohith Vuppu, the founder of Mighty Minds and an educational trainer, conducted a workshop that demonstrated memory-boosting techniques that left the students mesmerised and inspired! He elaborated on how the mind is a muscle that only grows stronger with training and how the students could simplify learning formulae or spellings, just in time for their exams.



Teachers taking a quick break to solve a logical puzzle!

Recognitions



The Premia Stars - February 2023

We are proud to announce the results of the Premia Stars of this month! Heartiest congratulations to the winners!

Premia in Press



A simple act of acknowledgment has the remarkable ability to inspire and uplift - and that's exactly what we felt looking at The Premia Academy being featured in the Times of India!



Our Interact Club in the Spotlight



Congratulations to Yuvika Khandelwal (Gr. XI) for getting featured in the Rotary Club newsletter. Her idea to facilitate financial literacy among our support staff and the efforts of the Premia Interact club members in taking it forward was appreciated by the President of Rotary, Mr Durgaprasad Madasu.

Achievements

ROAR-ing Success!



The Premia band - ROAR - does it again! Mentored by Mr. Don, Mr Abhishek & Mr. Deviprasad, the band bagged the first prize at the Cup of Carnival organised by the Lal Bahadur Educational Society. They were also featured in the Hindi Milap newspaper for this wonderful achievement!

Going for Gold - Martial Arts



Sri Vaishnavi of Grade I A won the gold medal in the 2nd International Open Invitational Martial Arts Championship in the KATA event, held in the Saroor Nagar Indoor stadium, Hyderabad.

We congratulate the little champ!



Making the Right Moves



Ace chess player, Pranavaaditya (Gr. V B) was felicitated for his achievements with the Balamedhavi (Child prodigy) award organised by the Astitvam NGO. Congratulations!

Football Champion



Shaik Youssef Ullah emerged as a Sub Junior Champion in the Football match at ELevate 2024, Enabling Leadership's flagship year-end event, recently concluded at St. Joseph's University, Bengaluru. He trained for a year and completed the Sub Junior EL Play football program.

Speaking at TED x ISH



Tedx is a prestigious event wherein individuals get the opportunity to discuss issues which are of prime importance. Madhavi Sanskriti of Grade XII, gave a Tedx Talk at the TedxISH event on the 15th of February. She spoke about her experience with the mental health issues she has been battling and how she found solace in music.

Cheers to what the future holds for you, Madhavi!



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